

February 14, 2019 – started 12:05pm – Rm 6A meeting room – 21 Members attended

Iris talked about the Financial Report: with a starting balance from last meeting of ~\$3,000 (with expenses from xmas party, education (Winter school & investigations course) left a balance of \$270.57.

Follow up on questions regarding Android/Smartphones App from last meeting; updates for App too expensive; Website has been updated and Alex suggested to have a responsive website which you can bookmark or create a shortcut on your smartphone.

2 presentations from Cheryl (Facing Management) and Francois (Building Psychologically Healthy Workplace)

Cheryl spoke on how body language, speech techniques, procedures etc. makes a difference when dealing with management.

Francois talked about mental health (stats, expectations from employees, how to deal with it...)

The Atrium Safety Committee is only looking into workplace hazards being physical not relating to mental health risks. A question that should be raised is 'how is your workload' rather than only checking the physical space.

Jason asked where we can find more info, Francois pointed him to the 5th floor lunch room where the safety binder with all relevant information is being kept.

This conversation led into the group discussing on how management inquires what the illness is, when it should be a personal choice to disclose what the illnesses (including mental health) is. Francois went over BCF benefits what we can use to help mental illness. Also stating that statistics show organizations who have a high usage of the EAP program have the least absenteeism.

The meeting was wrapped up with a video of Call Centre Harassment, 'Hang Up on Abuse'

Meeting adjourned about 12:50